beneath the breasts, squashing them together to
create cleavage. But double-stick tape is even
more popular. Stylists use it to hold spaghetti
straps in place, keep loose dresses close to the skin,
and prevent plunging necklines from becoming too
provocative.

Natural fabrics are easily marred by sweat,
so stars plan ahead to keep palms and armpits from
perspiring.

One solution is Botox, which paralyzes
overactive glands to temporarily stop sweating.
Another is Drysol, a prescription treatment
Fonteyne swears by that “dries up” sweat glands.
Then there’s the hair.

“Celebrities get extensions like crazy for
Oscar season because they want their hair to be
thicker,” says Hollywood hairdresser Michael
Shaun Corby, creative director for the Alterna hair
care, who even wraps hair clippings in a hairnet
and stuffs that inside buns and chignons “for that
huge, full look.”

In a pinch, he would use ironing starch to
tame hair static before Alterna developed an
antistatic hair spray, she says.

Men have it easy on the red carpet. Their
fashions aren’t figure-flaunting, so they can forgo
almost all the above. But most wear makeup, Coco
says. Still, male red-carpet preparation pales
compared with the Aphoditean efforts female stars
make.

“They can’t look that great all the time,” he
says. “They go the extra mile for a red-carpet
event. From the toenails to the tips of the strands
of their hair, every inch of their body has had
something done.”

Word Definitions:
1.

2.

3.

4.

5.